the client operating a user interface providing communications capabilities and a communications connection;

the client accessing information from a server database;

the client receiving schedule information related to upcoming communications sessions;

the client predicting upcoming communications sessions responsive to the schedule information;

and

the client modifying the user interface responsive to the predicting.

9. The method of claim 8, further comprising:

completing the communications connection through the user interface.

10. The method of claim 8, further comprising:

requesting the communications client from the server.

11. The method of claim 8, wherein:

the communications capabilities include voice communications.

12. The method of claim 8, wherein:

the communications capabilities include peer-to-peer communications.

13. The method of claim 8, wherein:

the communications capabilities include email communications.

14. The method of claim 8, wherein:

the communications capabilities include video communications.

15. The method of claim 8, wherein:

the communications capabilities include one or more of voice, peer-to-peer, video and email communications.

16. The method of claim 8, wherein:

the method is implemented by a processor responsive to instructions, the instructions embodied in a machine-readable medium.

17. A method, comprising:

sending a communications client operable on a remote computer to the remote computer, the communications client including a content file which causes a media player to implement the communications client;

routing communications to the communications client on the remote computer;

and

sending server data to the communications client on the remote computer, the server data including schedule data for upcoming communications sessions, the server data enabling the communications client to predict upcoming communications sessions and to modify a user interface responsive to the predicted upcoming communications sessions.

18. The method of claim 17, further comprising:

receiving an access request from the remote computer for the communications client.

19. The method of claim 18, further comprising:

terminating access by communications client at the remote computer.

20. The method of claim 17, wherein:

routing communications includes routing multiple communications channels to the communications client at the remote computer.

21. The method of claim 20, wherein:

communications channels are routed over the internet.

22. The method of claim 20, wherein:

communications channels are routed over a wireless network.

22. An apparatus, comprising:

a user interface;

a server interface;

a content file including instructions for a media player to execute, the media player implementing the user interface and the server interface responsive to the instructions of the content file, the media player receiving schedule data related to upcoming communications sessions, the media player predicting upcoming communications sessions responsive to the instructions of the content file, and the media player modifying the user interface in conjunction with predicted upcoming communications sessions responsive to the instructions of the content file;

and

a media player to access the content file on a remote device.

23. The apparatus of claim 22, further comprising:

means for accessing data on the remote device.

24. The apparatus of claim 22, further comprising:

a local interface, the local interface further included in instructions of the content file.

25. The apparatus of claim 22, further comprising:

an authentication key.

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